

VITA

Prof. Dr. Sefa Bulut

Department

Head of Counseling Psychology and
Guidance Program
Faculty of Educational Sciences
Ibn Haldun University
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AREAS OF INTEREST:

Children and Posttraumatic Stress Disorder, Posttraumatic Growth, Sexual Abuse, ADHD, School Violence, Bullying and Mobbing, Cooperative Learning and Cross Cultural Psychology, Ageing, Gerontology.

ACADEMIC BACKGROUND:

May 2003, Ph.D. in School of Applied Health and Educational Psychology (SAHEP).
Oklahoma State University, Stillwater, OK, USA

Fall 2002, Graduate Certificate of Gerontology.
Oklahoma State University, Stillwater, OK, USA

July 1998, MS in Applied Behavioral Studies (ABSED)
Oklahoma State University, Stillwater, OK, USA.

Fall 1997, Quality University Instruction: A Teaching Effectiveness Training Program
for College Instructors. Oklahoma State University, Stillwater, OK, USA.

1992-1994, Teaching Certificate, College of Education,
Ankara University. Ankara, Turkey.

1989-1993, BS in Psychology, minor in Sociology and Philosophy.
College of Arts and Sciences, Magna Cum Laude, Ankara University, Ankara, Turkey.

1986- 1989, Edirne High School, High School Diploma, Science Major, Edirne, Turkey.

PROFESSIONAL EXPERIENCES

January 2004-April 2017: Assoct. Prof. Dr. Abant İzzet Baysal University

June 2012-September 2012: Visiting Professor, at Lindenwood University

April 2012- Associate Professor, in Counseling Psychology Department

November 2009-Today: Head of Counseling Psychology Department

September 2004 & August 2005: Served in Gülhane Military Academy Care and Rehabilitation Center as a Trauma and Military Psychologist.

July 2004: Appointed as an Assistant Professor

Fall 2002 & Spring 2003 Teaching Assistant to Dr. Tona Palmer- for Athletic Training Program.

Fall 2001 & Spring 2002 Instructor of 3413 Child and Adolescent Development. Oklahoma State University, Stillwater

January- July 2001: Teaching Assistant to Dr. Katy Perry School of Educational Studies. Oklahoma State University, Stillwater

May-October 2000: Oklahoma Technical Assistance Center. (OTAC). Part time staff member.

1999-2000: Multicultural Development and Assessment Center. (MDAC).

1998-1999: Teaching Assistant to Dr. Katy Perry. School of Educational Studies. Oklahoma State University, Stillwater

Spring 1994: High School Teaching Certificate Internship Program

RESEARCH PRESENTATIONS

Bulut, S. (1999). Cooperative Learning Techniques: Attitudes and Usage among Graduate Students. Oral presentation at the 17th Annual Oklahoma Psychological Society and Oklahoma Psychological Association. Edmond, Oklahoma, April 16, 1999.

Bulut, S. (1999). Cooperative Learning Techniques: Attitudes and Usage among Graduate Students. Poster presented at 10th Annual Graduate Student Research Symposium. Stillwater, Oklahoma. March 25, 1999.

Harrist, R.S., Carlozzi, B., De Los Santos, J., & **Bulut, S.**, (2000). An Inquiry into Identity Development via Life History Narratives. Poster presented at the 108th Annual Convention of the American Psychological Association (APA). Washington, DC. August 4-8, 2000.

Carlozzi, B., Harrist, S., **Bulut, S.**, & De Los Santos, J. (2000). Independence and Inclusion: Individual Differences across the Lifespan. Poster presented at the 108th Annual Convention of the American Psychological Association (APA). Washington, DC. August 4-8, 2000.

Cagle, L., Adams, E. H., **Bulut, S.**, & Carlson, J.S., (2000). Examining Distal Environmental Events via Behavioral Consultation with Parents. Poster presented at the 108th Annual Convention of the American Psychological Association (APA). Washington, DC. August 4-8, 2000.

Palmer, L, **Bulut, S.**, Knight, T. (2000). Theoretical Constructs of Post Traumatic Stress Disorder as Assessed in Children Following Natural Disaster Involving Tornadoes in Their Communities. Poster presented at the South Regional Child Health Conference. Oklahoma City, OK. April 26-29, 2000.

Palmer, L, **Bulut, S.**, Oehler-Stinnett, J. & Adams, H., (2000). Posttraumatic Stress Disorder in Children Surviving a Tornado. Poster presented at the International Society of Traumatic Stress Studies (ISTSS) 16th Annual Meeting, San Antonio, Texas. November 16-19, 2000.

Palmer, L. Oehler-Stinnett, J., **Bulut, S.** (2001). The Durability of PTSD Symptoms Following a Tornado. Poster presented at Oklahoma School Psychological Association 2001 Fall Conference. Tulsa, OK.

Bulut, S., Palmer, L. & Oehler-Stinnett. (2001). Posttraumatic Stress Disorder caused by Tornado and Earthquake: A cross cultural comparison study with Turkish and American Children. Oral presentation in Oklahoma Psychological Association 2001 Annual Convention. OKC, Oklahoma, November 1-3 2001.
This presentation won the first place graduate student award.

Bulut, S., Palmer, L. & Oehler-Stinnett. (2001). Historical Perspectives on Posttraumatic Stress Disorder. Poster presented at Oklahoma Psychological Association 2001 Annual Convention. OKC, Oklahoma, November 1-3 2001.
This presentation won the third place graduate student award.

Bulut, S. (2002). A Cross-Cultural Study on the Usage of Cooperative Learning Techniques at the Graduate Level Education. Poster presentation at the annual meeting of American Educational Research Association 2002 Annual Convention. New Orleans, LA April 1-5 2002.

Bulut, S., Palmer, L. & Oehler-Stinnett. (2002). The Effectiveness of OSU-PTSD Screening Survey in Natural Disasters. Poster presented at the 110th Annual Convention of the American Psychological Association (APA). Boston, MA. August 4-8, 2002.

Bulut, S., Evans, L., Oehler-Stinnett, & S. Bulut (2002). Quick Trauma Assessment with the OSU-PTSD Screening Survey after Earthquakes and Tornados in Turkey and the United States. Poster presented at the National School Psychology Association Convention (NASP). Toronto, Canada. April 8-12 2003.

Bulut, S. & Bulut, S (2003). An Experimental Design: The Effects of Cooperative Learning Techniques on Pre-Service Teachers' Self-Esteem, Achievement and Absences. Poster presented at the 2003 Oklahoma Association of Teacher Educators (OATE). Stillwater, OK. March 7, 2003.

Bulut, S., Taylı, A. (2004). Cumhuriyet Dönemi Üstün Yetenekliler Eğitim Politikası. 1. Türkiye Üstün Yetenekli Çocuklar Kongresi, 23-25 Eylül 2004 Vali Erol Çakır Öğretmenevi, İstanbul. Sözel Sunum.

Bulut, S., Taylı, A. (2004). Çocukta Zihinsel Yeteneği Etkileyen Faktörler. 1. Türkiye Üstün Yetenekli Çocuklar Kongresi, 23-25 Eylül 2004 Vali Erol Çakır Öğretmenevi, İstanbul. Poster Sunum.

Alaca, R, Baturalp, A, **Bulut, S.**, Erdoğan, E., Möhür, H. (2005). Post Traumatic Stress Reactions Among Acute Phase Spinal Cord Patients. XXXVI World Congress on Military Medicine, 5-11 June, St. Petersburg, Russia. Poster Presentation.

Bulut, S. (2005). 2003 Yılındaki Depremden Zarar Gören Bingöl Çeltiksuyu Yatılı Bölge İlköğretim Okulu Öğrencilerinde Görülen Travma Sonrası Stress Bozukluğu Şiddeti ve Yaygınlık Oranının Yaş, Cinsiyet ve Sınıflar Açısından Karşılaştırılması. VIII. Ulusal Psikolojik Danışmanlık ve Rehberlik Kongresi, 21-23 Eylül 2005, Marmara Üniversitesi, Atatürk Eğitim Fakültesi. Sözel Sunum.

Bulut, S. (2006). Longitudinal study of child survivors of Turkish children. IV. World Congress on Traumatic Stress, Trauma and Community, 21-24 June, Buenos Aires, Argentina. Oral Presentation.

Bulut, S. (2006). Okul öncesi çocukların cinsel istismara uğraması ve bunlara oyun terapisi yöntemiyle müdahale edilmesi. I. Avrupa Birliği Uyum Sürecinde Okul Öncesi Eğitimin Bugünü ve Geleceği Sempozyumu. Uluslararası Katılımlı 27-30 Haziran, Girne, Kıbrıs. Sözel sunum

Taylı, A., **Bulut, S.** (2007). Posttraumatic Growth Reactions in Trauma Exposed Group of Middle School Children in the 3 and 6 Years of the Earthquakes. 10th European Conference on Traumatic Stress, Truth and Trust after Trauma, 5-9 June, Opatija, Croatia. Oral Presentation.

Bulut, S. (2007). Post Traumatic Growth among Spinal Cord Injured Patients. Xth European Congress of Psychology, 3-6 July, Prague, Czech Republic. Oral Presentation.

Bulut, S. (2008). Global Assessment and Comparison of Children's Reactions after an Earthquake Disaster. XXIX. International Congress of Psychology, 20-5 July, Berlin, Germany. Oral Presentation.

Bulut, S. (2009). The Phenomenology of PTSD in Turkish Children Experienced Earthquake Disaster. Poster presented at the 117th Annual Convention of the American Psychological Association (APA). Toronto, Canada. August 6-9, 2009.

Bulut, S. (2010). Predictor Factors of Posttraumatic Stress Symptoms After an Earthquake and School Building Collapse in Turkey. Third International Conference on Community Psychology: Community Agendas for Contemporary Social Problems, Universidad Iberoamericana Puebla, Puebla, Pue. Mexico. June 3-5, 2010.

Bulut, S. (2010). Three-Year Longitudinal Study of Turkish Children's Posttraumatic Symptoms and Subsymptoms After an Earthquake and School Building Collapse. Paper presented at the 118th Annual Convention of the American Psychological Association (APA). San Diego, USA. August 13-15, 2010.

PUBLICATIONS

Bulut, S. (2003). Underlying dimensions and prevalence of post traumatic stress disorder among 4th and 5th grade children who experienced the 1999 Turkish earthquakes. Doctoral Dissertation, Oklahoma State University, Stilwater, OK, USA. International Dissertation Abstracts.

Bulut, S (2005). Classroom Interventions for children with attention deficit hyperactivity disorder. *Studia Psychologica*, 47(1), 51-59.

Bulut, S., Bulut, S., & Taylı, A. (2005). The dose of exposure and prevalence rates of posttraumatic stress disorder in a sample of Turkish children eleven months after the 1999 Marmara earthquakes. *School Psychology International*, 26(1), 55-70.

Bulut, S. (2006). Comparing the earthquake exposed and non-exposed Turkish Children's Post traumatic stress reactions. *Anales de Psicologia*, 22(1), 29-36.

Bulut, S. (2007). Understanding of attention deficit hyperactivity disorder. *Baltic Journal of Special Education*, 2(17), 82-91.

Bulut, S. (2009). A literature review of late-life depression and contributing factors. *Anales de Psicologia*, 25(1), 21-26.

- Bulut, S. (2009). The effects of cooperative learning techniques on pre-service teachers' self-esteem, achievement and absences. *Contemporary Psychology, Suvremena Psihologija*, 12(1), 23-41.
- Bulut, S. (2009). Factor analysis of posttraumatic stress disorder in children experienced earthquakes in Turkey. *Contemporary Psychology, Suvremena Psihologija*, 12(2), 407-424.
- Bulut, S. (2010). A cross-cultural study on the usage of cooperative learning techniques in graduate level education in five different countries. *Revista Latinoamericana de Psicología*, 42(1), 111-118.
- Bulut, s. (2010). Children's posttraumatic stress reactions and sub-symptoms: Three years of longitudinal investigation study after a direct exposure to an earthquake and school's collapse. [Depremi direk olarak yaşayan ve okulları yıkılan çocuklarda görülen travma sonrası stres tepkilerinin ve alt boyutlarının üç yıllık boylamsal incelenmesi.] *Turkish Journal of Psychology*, 25(66), 87-100.
- Bulut, S., Taylı, A. (2006). Education policies of gifted children in early period of Turkish Republic. [Cumhuriyet dönemi üstün yetenekliler eğitim politikası.] *Abant İzzet Baysal University Journal of Social Sciences* 1(12), 33-40.
- Bulut, S. (2007). Defining sexual abuse and the following procedure. [Çocuk cinsel istismarı hakkında bir derleme.] *Turkish Psychological Counseling and Guidance Journal*, 28(3), 139-156.
- Bulut, S. (2008). Sexually abused pre-school children's diagnosis and treatment via psychodynamic play therapy. [Erken çocukluk dönemi cinsel istismarının psikodinamik oyun terapisi ile teşhisi ve tedavi edilmesi.] *Turkish Psychological Counseling and Guidance Journal*, 29(3), 131-144.
- Bulut, S. (2008). Violence that emerges from teachers toward students: A quantitative investigation. [Öğretmenden öğrenciye yönelik olan fiziksel şiddet: Nicel bir araştırma.] *Abant İzzet Baysal University Journal of Faculty of Education*, 1(8), 105-118.
- Bulut, S. (2008). An archival research study on the violent events between students at school. [Okullarda görülen öğrenciden öğrenciye yönelik şiddet olaylarının bazı değişkenler açısından arşiv araştırması yöntemiyle incelenmesi.] *Abant İzzet Baysal University Journal of Faculty of Education*, 2(8), 23-38.
- Bulut, S. (2008). Selective Mutism: Etiologies and treatment approaches. [Seçici konuşmazlık, nedenleri ve tedavi yaklaşımları.] *Abant İzzet Baysal University Journal of Social Sciences*, 2(17), 52-65.
- Bulut, S. (2009). Comparing children posttraumatic stress reactions in terms of age and gender after an earthquake. [Depremden sonra çocuklarda görülen travma sonrası stres

tepkilerinin yaş ve cinsiyetler açısından karşılaştırması.] *Turkish Psychological Counseling and Guidance Journal*, 4(31) 43-51.

Pelendecioğlu, B., Bulut, S. (2009). Physical abuse in the family settings. [Çocuğa yönelik aile içi fiziksel istismar.] *Abant İzzet Baysal University Journal of Faculty of Education*, 9(1), 49-62.

Bulut, S. (2010). Using bibliotherapy in adult counseling. [Yetişkinlerle yapılan psikolojik danışmada bibliyoterapi yönteminin kullanılması.] *Turkish Psychological Counseling and Guidance Journal*, 4(33) 46-56.

Gülcu, N.& Bulut, S. (2010).Content analysis of websites directed to low back pain.[Bel ağrısı konusuna yönelik internet sitelerinin içerik analizi.] *The Journal of the Turkish Society of Algology*, 22(2), 68-72.

Bulut, S. (2010). Utilization of bibliotherapy methods by school counselor and teachers in school settings. [Bibliyoterapi yönteminin okullarda psikolojik danışmanlar ve öğretmenler tarafından kullanılması.] *Electronic Journal of Social Sciences*, 9(34), 17-31. www.esoder.org.

Göktürk, G. Y. Bulut, S. (2012). Mobbing: İş Yerinde Psikolojik Taciz. *Abant İzzet Baysal Üniversitesi Sosyal Bilimler Enstitüsü Dergisi, Journal of Social Sciences* 1(24), 53-69.

Bulut, S. (2013). Prediction of post traumatic stress symptoms via comorbid disorders and other social and school problems in earthquake exposed Turkish adolescents. *Revista Latinoamericana de Psicología*, 45(1),47-61.
DOI: <http://dx.doi.org/10.14349/rlp.v45i1.1315>

Bulut, S. (2013). Intelligence development of socio-economically disadvantaged pre-school children. *Anales de Psicología*, 29(3), 855-864.
<http://dx.doi.org/10.6018/analesps.29.3.168101>

Bulut, S., Doğan, U., Altundağ, Y. (2013). Adolescent psychological resilience scale: validity and reliability study. *Contemporary Psychology, Suvremena Psihologija*, 16(1), 21-32.

Bulut, S. & Altundağ, Y. (2014). Prediction of resilience of adolescents whose parents are divorced, *Psychology*, 5(10), 1215-1223. DOI:10.4236/psych.2014.510134

Pons, R. M., Prieto, M. D. Lomeli, C. Bermejo, M. R., & Bulut, S. (2014). Cooperative learning in mathematics: a study on the effects of the parameter of equality on academic performance. *Anales de Psicología*,30(3), 832-840.

Bulut, S. (2014). Yaşam öyküsü araştırması (Life story inquiry). *International Journal of Human Sciences, Uluslararası İnsan Bilimleri Dergisi*, 11(1),880-895.
DOI: <http://dx.doi.org/10.14687/ijhs.v11i1.2815>

Gündüz, S., Bulut, S., Yıldırım, R. ve Rayimbekova (2015). Kazak men's views on divorce. [Kazak erkeklerin boşanmaya bakışı.] *Turkish Studies. International Periodical for the Languages, Literature and History of Turkish or Turkic*, 10(10), 493-504.

DOI Number: <http://dx.doi.org/10.7827/TurkishStudies.8627>

Gündüz, S., Bulut, S., Yıldırım, R. ve Rayimbekova (2015). Kazak kadınların tek ebeveynli aileye bakışı. [Kazakh women's point of views of single parent families.] *Turkish Studies. International Periodical for the Languages, Literature and History of Turkish or Turkic*, 10(14), 387-398

DOI Number: <http://dx.doi.org/10.7827/TurkishStudies.8680>

Kuldas, S. & Bulut, S. (2016). What is called "Self" in educational research and practice? *Basic and Applied Social Psychology* 38(4), 200-211.

Bulut, S. & Gündüz, S. (2016). Boşanmış babaların yaşamış oldukları psiko-sosyal sorunlar. (Psycho-social problems of divorced fathers). *Turan Stratejik Araştırmalar Merkezi Dergisi*, 8(32), 369-381.

BOOK CHAPTERS:

S. Bulut, S. Gündüz (2012): Exploring School Violence in the Context of Turkish Culture and Schools, (p. 165-173) in *Handbook of School Violence and School Safety: International Research and Practice* (2nd Edition). Edited by Shane R. Jimerson, Amanda B. Nickerson, Matthew J. Mayer, & Michael J. Furlong. Routledge: Taylor & Francis Group. New York and London.

S. Bulut (2015). Türk-İslam Tarihinde Yükseköğretim: Selçuklu-Osmanlı Sınırlarında Gelenek ve Değişim. Editör: Mustafa Gencer. Edirne II. Bayezid Darüşşifası'nda Akıl Hastalarının Tedavisi. Sayfa 89-104. Abant İzzet Baysal Üniversitesi Yayınları: Bolu.

PROCEEDINGS:

Bulut, S. (2004). Educational methods of moderate level mental retarded children. [Orta derecedeki zihinsel engelli öğrenciler için eğitim ve öğretim metotları.] 14. Special Education Conference, November 2004. Abant İzzet Baysal University, Bolu, Turkey.

Bulut, S., Erdoğan, E., Baturalp, A., Alaca, R., Möhür, H. (2005). Symptom screening of acute phase spinal cord injured patients for possible traumatic symptoms via SCL 90 R inventory. [Akut dönem omurilik hastalarında travmatik tepkilerin SCL 90 R ile taranması.] IV. International Trauma Conferances, 1-4 December 2005 İstanbul, Turkey.

Erdoğan, E., Bulut, S., Alaca, R. (2005). Trauma in disabled women and trauma healing group: A case study. Symposium for disabled women's problems and solutions. [Engelli

kadınlarda travma ve travma ile başetme gurubu: Bir vaka çalışması.] 29-30 April 2005. Kocaeli University Turizm Meslek Yüksekokulu Dervent Uygulama Oteli, Kocaeli, Turkey.

PROJECTS:

Campus Mare Nostrum 37 /38 is the International Excellence Campus for Higher Education and Research of the University of Murcia (UM) and the University of Cartagena (UPCT). June 2013

European Community National Agency Regio Partner Program. School Violence and School Safety Management. SPARK (School Spark Program). (2009). Psycho-education and Consultant.

Investigation of Emotional and Social Violence Phenomenon in University Settings (2010). Abant Izzet Baysal University. BAP, Project Coordinator.

Personal, Social and Academic Problems of Rural Children from Divorced Families and Finding Solutions (2011). Abant Izzet Baysal University. BAP, Project Coordinator.

Motivational Couching Program for Disadvantaged Middle School Students. Between university and governorship of Bolu. September 2013-June 2014. Project Coordinator and Consultant.

GRADUATE THESIS SUPERVISED:

Investigation of the Relationship between Adolescence's School Bullying and Emotional Intelligence, 2009 Student: Fatma Kavşut

The Relationship of Middle School Students' Attitudes towards Violence and Attachment to School, Academic Achievement, Self Esteem and Intra Family Functions, 2010 Student: Hamiyet Bozkurt

Resilience, Life Satisfaction and Loneliness among Children from Divorced and Non-Divorced Families. 2012 Student: Yunus Altındağ.

PROFESSIONAL AFFILIATIONS

American Red Cross, Disaster Mental Health Team Member, 2002-
Turkish Psychological Counseling and Guidance Association, 2004-
Sigma Phi Omega, National Academic Honor and Professional Society in Gerontology
International School Psychology Association (IISA), 2005-

International Institute of School Psychology, Delegate of Turkey, 2005-
 The European Society for Traumatic Stress Studies, 2005-
 Association Against Mobbing, 2010-

SERVICES and VOLUNTARY WORKS

The Scientific and Technological Research Council of Turkey (TUBITAK).
 Westhaven Nursing Home. Stillwater, Oklahoma.
 Life Center Adult Day Services. Stillwater, Oklahoma.
 Coordinator of 1999 Turkish Earthquake Relief Fund.
 American Red Cross, Payne County Damage Assessment Team member.
 American Red Cross, Disaster Mental Health Team member.

HONORS and AWARDS

The Scientific and Technological Research Council of Turkey (TUBITAK), Overseas
 Conference Travel Grant, 2006, 2007, 2008, 2009
 Listed in Marquis Who's Who Biographies since 2006
 Mualla Öztürk Child Psychiatry Award 2005 by Turkish Psychiatry Association.
 First place research award 2002 by Oklahoma Psychological Association, OKC, USA
 Third place research award 2002 by Oklahoma Psychological Association, OKC, USA.
 Certificate of Achievement for Exceptional Leadership Excellence. by
 Multicultural Assessment and Development Center, OSU, Stilwater, OK, USA, 2000.
 Certificate of Recognition by International Student Organization, OSU 1999.
 Study Abroad Scholarship by Turkish Minister of Education, 1996-1998.
 Magna Cum Laude ; GPA : 3.66, 1993.

CLASSES TAUGHT

Undergraduate Level

Guidance
 Educational Psychology
 Psychological Testing, I (Objective Tests)
 Psychological Testing II (Projective Tests)
 Crisis Intervention
 Child and Adolescent Development
 Adolescence Psychology
 Adult Development (Adult Psychology)
 Seminar in School Psychology
 Supervision
 Group Counseling

Graduate Level (in master level)

Trauma Psychology and Crisis Intervention

Child Psychopathology
 Carrier Counseling
 Seminar

EDITORIAL BOARDS

Psychology
 Revista Psicogente
 Contemporary Psychology (Suvremena Psihologija).
 Journal of US-China Medical Science
 The Journal of Public Health and Epidemiology
 Turkish Psychological Counseling and Guidance Journal
 Abant İzzet Baysal University Journal of Faculty of Education
 Psychology Research
 The Journal of Happiness & Well-Being
 Wudpecker Journal of Educational Research
 Journal of Neurology and Psychology
 Avances en Psicología Latinoamericana
 Austin Journal of Neuropsychiatry & Clinical Neurosciences

SERVED AS REVIEWERS IN THE JOURNALS

Children, Youth and Environments
 The African Journal of Psychology and Counseling
 Brain Research
 Turkish Psychological Counseling and Guidance Journal
 Abant İzzet Baysal University Journal of Faculty of Education
 National Education MEB
 Journal of US-China Medical Science
 Psychology
 Ankara Üniversitesi Sosyal Bilimler Enstitüsü Dergisi
 Revista Latinoamericana de Psicología